

TRB Truck and Bus Operator Health and Wellness Subcommittee (ANB70-3)

Status Report for ANB70 Meeting Oct. 23, 2012

Submitted by: Gerald P. Krueger, Ph.D. CPE, Subcommittee Chair

Progress & On-going Activities

H&W CONFERENCE PROCEEDINGS.

TRB released electronic version (PDF) of the **Conference Proceedings of the International Conference on Research into Commercial Driver Health and Wellness** (held in Baltimore, MD November 2010). The 140+ page PDF (TRB Conference Proceedings on the Web #5) is available on TRB's web site at: <http://onlinepubs.trb.org/onlinepubs/conf/CPW5.pdf>

We are hopeful the PowerPoint slides from the numerous Conference speakers will eventually be posted on the TRB website. We will notify everyone when that occurs.

MEDICAL EXAMINER REGISTRY.

FMCSA published the **National Registry for Certified Medical Examiners (ME)** rule April 20th. Medical Examiners began registering August 20th. Many training organizations are developing and offering the FMCSA approved required training programs for MEs to participate. See the web site: <https://nationalregistry.fmcsa.dot.gov>

FMCSA and SLEEP APNEA.

Combined Medical Review Board (MRB) / Motor Carrier Safety Advisory Committee (MCSAC) held three joint meetings (Dec. 7th, 2011, Jan. 4-5, Feb. 6th, 2012) to discuss obstructive sleep apnea (OSA) and CMV drivers issues. Feb. 6th issued a Feb. 21st 2012 joint communiqué making recommendations on revisions of FMCSA's regulations addressing qualifications of drivers to address OSA. These can be found at the FMCSA MRB web page at: <http://www.mrb.fmcsa.dot.gov/> The FMCSA web page addressing numerous topics related to OSA is:

<http://www.fmcsa.dot.gov/safety-security/sleep-apnea/sleep-apnea.aspx>

Operator Health and Wellness Subcommittee (ANB70-3) plans to meet again at the TRB annual meeting in January 2013.

TRB's CROSS CUTTING INITIATIVE, HEALTH AND TRANSPORTATION SUBCOMMITTEE

Co-Chair POCs: Ed Christopher at FHWA and Eloisa Tigre Raynault at American Public Health Association

General theme is: **Public Health, how is it relevant for Transportation?** Three telecom meetings were held; numerous email interactions among interested parties. Plan a 90-min. session at annual TRB meeting in January 2013. Eight panelists, a broad cross-section of people representing various TRB committees and interests will present initial thrusts. . G. Krueger will present relevance of ANB70's CMV Operator Health and Wellness Subcommittee purpose and activities.

Non-TRB-Affiliated but announced activities related to ANB70-3:

HEALTHY TRUCKING ASSOCIATION OF AMERICA (HTAA) ANNUAL SUMMIT

An annual trade show event held in Atlanta, GA. The 4th HTAA Summit was April 24-26th 2012; the 5th Summit is scheduled for April 16-18, 2013). <http://healthytruckingsummit2013.com/>

HTTA: home site: <http://www.healthytruck.org/>

AMERICAN SLEEP APNEA ASSOCIATION (ASAA) meeting Oct. 24th-25th, 2012 in Baltimore, MD:

Meeting theme this year is: Economic and Clinical Impact of Sleep Apnea (on workplaces)

[Originally focused on truck drivers 3 yrs ago; next on all public transportation modes; now this 3rd ASAA mtg, broadens to reach a wider audience concerned with obstructive sleep apnea in many types of workplaces. Educational sessions by OSA experts are planned]