

Transportation Tidbits



December 2015

Welcome to the December issue of the Transportation Tidbits Newsletter! This issue features the latest happenings within the transportation industry along with a list of upcoming transportation conferences, workshops, and webinars. You can also find some of the latest news from our faculty and students! If you have any questions or comments about this month's issue, please [let us know](#). Enjoy!

Important Dates for NDSU Students

12/7 - 12/11: Dead
Week

12/8: Grade entry
begins

12/11: Last day of
Fall classes

12/14 - 12/18: Final
Examinations

12/15: Late fees
applied to unpaid
account balances
(11:59 p.m.)

12/18: Graduate
student Final

Tips and Tricks to A Stress-Free Finals Week

As the semester quickly comes to a close, many students and professors are busy finishing up the last few assignments and projects before finals week begins. This can be a very stressful time for students, but it's important to remember not to become too overwhelmed.

Disquisition copy due for December graduation

12/18: Commencement ceremonies (10:00, 12:00, 2:00 & 4:00 in Festival Hall)

12/22: Grades due (11:59 p.m.)

12/24: Fall grade access begins online

12/25: HOLIDAY - Christmas Day (offices closed)

Recent News Updates

[Thankful for transportation's many champions](#)

[National conversation on truck parking shortages seeks solutions](#)

[Registration process marks significant milestone in FAA's safe integration of small UAS](#)

[Miles to go as Congress conferences on long-term transportation bill](#)

[Webinar examines bicyclists, pedestrians sharing the road with large](#)

8 TIPS TO SURVIVE FINALS

Helpful tips to consider when preparing for your final exams.

- #1 Learn Your Learning Style**
- #2 Start Studying Early**
- #3 Create Your Own Study Guide**
- #4 Have A Dedicated Study Area**
- #5 Take Short Breaks**
- #6 Quiz Yourself**
- #7 Get Plenty of Rest**
- #8 Exercise and Eat Healthy**

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We came up with 8 of the best tips to consider when preparing for finals.

1. **Learn your learning style** - Do you study best by yourself or with a group? Which studying techniques work best for you? Take a

[trucks](#)

[TIGER grant
advances rail safety,
economic
development in
Minnesota](#)

UGPTI in the Spotlight

[ND Agriculture
Transportation
Handbook Updated](#)

[Henao Named
Student of the Year](#)

[Impact of Energy
Sector Growth on
Perceived
Transportation Safety
in the 17-County Oil
Region of Western
North Dakota: A
Three-Year Case
Study](#)

[2015 Regional Local
Roads Conference
Presentations Now
Online](#)

[Northern Plains Grain
Farm Truck Fleet &
Marketing Patterns](#)

[Safety Talk - Mold](#)

[Monthly and Year-
End Grain Industry
Reports Updated](#)

learning styles quiz and figure it out prior to studying. Everyone is different!

2. **Start studying early** - A good strategy to use when studying is to start at least a week out. The farther out you start preparing, the less stressed you'll be on exam day.

3. **Create your own study guide** - While many teachers provide a study guide, creating your own study guide can help you understand and remember the material better.

4. **Have a dedicated study area** - Don't study where you typically do anything else. Don't study in your bed, where you play games (even if it's your computer), or in front of the TV.

Study in a distraction-reduced environment. Make sure to turn off your cell phone, TV and notifications.

5. **Take short breaks** - Your brain can only process a limited amount of information. Your ability to retain information diminishes after about 25-30 minutes, so break it up into multiple, smaller study sessions. Reward yourself with fun activities between your study breaks.

6. **Quiz yourself** - Cover up your notes and try to explain them. Create flashcards. If you find yourself struggling to remember something, try different techniques to learn the material.

7. **Get plenty of rest** - There's a lot to be said about a good night's sleep. Make sure you're well-rested so that you can be fully focused during your exams.

8. **Exercise and eat healthy** - Exercise and good nutrition cannot only help control your stress levels, but it can also maintain your emotions stable. Exercise helps keep your blood pressure low and it can help raise your energy levels so you can continue to study more effectively.

We hope that these tips were helpful for you and we wish you the best of luck in the upcoming week!

Webinars

Check out this list of upcoming [webinars](#) offered by the Transportation Research Board. All participants must register at least 24 hours in advance of the webinar. If you missed a webinar and would like to know more about it [click here](#) for further instructions.

- **December 1, 2015** - [Planning for Climate Change Adaptation at Airports](#)
- **December 2, 2015** - [Practical Techniques for Successfully Communicating Technical Topics](#)
- **December 3, 2015** - [Non-Nuclear Methods for Compaction Control of Unbound Materials](#)
- **December 7, 2015** - [Current Practices for Design and Load Testing of Large Diameter Open-End Driven Piles](#)
- **December 8, 2015** - [The Economic and Ecological Effects of Roadside Mowing](#)
- **December 9, 2015** - [Future Directions for Multimodal Research and Practice](#)
- **December 10, 2015** - [Nanotechnology- New Methods and Materials coming to a Department of Transportation Near You](#)
- **December 11, 2015** - [Between Public and Private Mobility: Examining the Rise of Technology-Enabled Transportation Services](#)

Upcoming Conferences

- **3rd Conference of Transportation Research Group of India**
 - December 17-20, 2015
 - Kolkata, India
- **TransportationCamp DC 2016**
 - January 9, 2016
 - Arlington, Virginia
- **TRB 95th Annual Meeting**
 - January 10-14, 2016
 - Washington, D.C.

- **2016 World Steel Bridge Symposium**
 - April 13-16, 2016
 - Orlando, Florida
- **2016 World Tunnel Congress**
 - April 22-28, 2016
 - San Francisco, California
- **2016 International Conference on Winter Maintenance and Surface Transportation Weather**
 - April 25-27, 2016
 - Fort Collins, Colorado

Workshops/ Meetings

- **Advancing Freight Fluidity Performance Measures Workshop**
 - December 9-10, 2015
 - Washington, D.C.
- **2016 Shifting International Trade Routes Workshop**
 - January 21-22, 2016
 - Tampa, Florida

New Student Biography

Mingwei Guo

is a transportation and logistics PhD student from Jinan, China. Guo previously attended Shandong University of Finance and Economics where he received his bachelor's degree in financial engineering. He earned his master's degree within the quantitative finance track from the University at Buffalo. In his spare time, Guo enjoys playing basketball, working out, and taking road trips to learn more about different cultures. Some of Guo's research interests include ecological environmental compliance, traffic safety, and supply chain management. While earning his PhD, Guo's goal is to find a connection from his previous studies to transportation, logistics, and supply chain management.






Muhammad Khan is working on his PhD in transportation and logistics with a focus in logistics and supply chain system. Originally from Mianwali, Pakistan, Khan attended Abdul Razzaq Fazaia College where he earned a higher secondary certificate in pre-engineering. He earned a bachelor's degree in civil engineering from the University of Engineering and Technology,

Lahore. While attending the National University of Sciences and Technology in Islamabad, Khan obtained his master's degree in transportation engineering. Some of his past master's research was focused on the development of a comprehensive framework for optimal highway capacity expansion through lane addition. Khan's future plans include completing his PhD and serving NUST for 5 years focusing on freight logistics supply chain systems.

Kid President's 25 Reasons To Be Thankful!



Life can be tough. It's important to always take time to remember the things that make life awesome. This is just the start of a list. It's only 25 things. Obviously, there are more!



If you have items that you would like to submit for our next monthly Transportation Tidbits newsletter, please email Jody Wendt at jody.wendt@ndsu.edu by the 15th of the month.
